



Race

Equality in Mental Health



West Midlands

Here in the West Midlands, the Race Equality in Mental Health Care Programme team works with a variety of organisations and individuals. This partnership approach gets real results.

At West Midlands we commissioned Catch-A-Fiya (Afiya Trust) to develop a regional Black, Minority and Ethnic (BME) service user, survivor and carer network. From this Network, 'Fan the Flames' has been set up. 'Fan the Flames' is a non-judgemental forum for BME community members who have experienced or cared for someone with mental health issues. The forum aims to harness the positive energy of individuals yet create an atmosphere that brings out their personal qualities, talents and contributions.



'Fan the Flames' has empowered me to use my abilities and make my confidence grow. I have found my identity. Now I see myself as a person and not a mental health patient, client or service user.

Yvonne Pery Survivor and executive member of 'Fan the Flames'

