



## Race

Equality in Mental Health

### South East

Here in the South East Development Centre our service user Black, Minority and Ethnic (BME) Leader programme has been running since 2006.

The BME Leader programme offers mental health service users from BME communities opportunities to develop their leadership skills. Equipped with these key skills BME *graduates* can make a real difference as they influence the future development of mental health services within their communities.

Of course, there is still some way to go in encouraging more BME participation in the Leadership programme but going on what past candidates of the Programme think about the course – we in the South East of England are definitely on the right track.



**The Black Leadership training has really been helpful, encouraging and assertive.**

Becky

**The Black Leadership training has been inspiring, thought-provoking and has given me strength.**

Pauline

**The Black Leadership training has been focused and creative and gets me thinking.**

Elly

