



Race Equality in Mental Health

Race Equality and Cultural Capability Training (RECC)

Feedback on RECC from the course participants:

I still haven't stopped talking about and re-living the atmosphere generated at RECC.

Sachdev Singh Seyan, Senior Community Development Worker (Race Equality), Hertfordshire Partnership NHS Foundation Trust

I feel really inspired and see many possibilities.

Ruth Barnett, Regional Advisor, Equality and Human Rights Commission

You delivered from the heart and caught ours in the process, our job is now to go out and do the same.

Alex Richards, Community Development Worker (BME) Mental Health, Tyneside Women's Health

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What is RECC Training?

Primary care trusts and mental health organisations across the country have requested an accessible, high quality race equality training package. We have listened to our stakeholders and developed a positive, values based, 12 hour race equality cultural capability course which is set out in four easy to use three hour modules.

How is RECC delivered?

The DRE programme has established a substantial roll out infrastructure for this work. A National Training Team (NTT) of 17 highly competent individuals, from nine regions in England have been trained in the new and revised DRE RECC module. Each region will deliver at least two cohorts of the five day RECC train the trainer course over the next 12 months.

Have mental health survivors and carers been involved?

We actively recruited survivors and carers to become National RECC Trainers and are now working directly with the DRE Ambassadors programme to ensure sustainable survivor and carer involvement.

Who is it for?

RECC has been designed to be delivered to staff at all levels, particularly front line staff delivering mental health services.

The Equalities in Mental Health Programme seeks to improve outcomes and reduce inequalities for people with mental health issues. It has evolved within National Institute for Mental Health in England (NIMHE) and will become a major workstream within the new National Mental Health Development Unit from April 2009.

For further information about the RECC programme please add your contact details below or visit the RECC enquiry page at www.mentalhealthequalities.org.uk

Name: _____

Email address: _____

Telephone number: _____

Tick box for further information

- I would like to attend a RECC Training Programme
- I wish to learn more about the National Training Team
- I wish to learn more about the links between the previous and the new RECC Training

Please return completed slips to:

DRE, The King's Fund, 11-13 Cavendish Square, London W1G 0AN

Or visit www.mentalhealthequalities.org.uk to complete an online form.