



## North East

Here in the North East, the Delivering Race Equality (DRE) at Sunderland Teaching Primary Care Trust set itself a double task:

- To raise awareness of the Race programme
- To help interpreters who support Black, Minority and Ethnic (BME) Groups, better understand mental health issues and services available to their clients.

So the CDWs worked in partnership with Language Point at Sunderland City Council to design a training session for interpreters for the BME community in the area.

Here's how two people involved in the training session benefited by taking part:



FROM LEFT TO RIGHT:  
Asso Abdullah  
Rachael Forbister  
and colleagues from  
Language Point

**A really positive partnership to help tackle a sensitive issue and at the same time learn about the Race Equality programme.**

Rachael Forbister Co-ordinator for Language Point

**This was an excellent opportunity to gain knowledge and understanding about mental health issues and the services available for BME communities. Until the training programme, I was not aware about the DRE programme, so now I can integrate that into my role.**

Asso Abdullah Interpreter