

## NCSS Programme Meeting Briefing Notes

Meeting on 16 and 17 December 2010 at the Ambassadors Bloomsbury, London, WC1H 0HX

### 1 NCSS Business

Dawn Rees gave a verbal update and overview of recent policy including:

- Comprehensive Spending Review
- IAPT/Talking Therapies
- Public Health White Paper 'Healthy People Healthy Lives'
- The Operating Framework for the NHS in England 2011/12
- Early Intervention Grant
- Local Authority settlement

Formal congratulations were noted to Fran Tummey and Kathryn Pugh on the Early Intervention and Youth Mental Health First National Conference 22 and 23 November and also to Rajinder Nagra on the NCSS Participation Conference 28 October.

A timetable has been agreed with ChiMat to launch a number of NCSS products between January and March. Conversations on intellectual property rights being held.

Cernis have developed a wiki CAMHS [www.wikicamhs.co.uk](http://www.wikicamhs.co.uk). Yvonne Anderson was offering RDWs the opportunity to use pages for any material they need to preserve. It was agreed there would not be duplication with the legacy product list.

### 2 NCB/YoungMinds CAMHS Conference 2 March 2011

The event at Central Hall Westminster is planned to keep CAMHS high on the agenda and looking forward. Themed around new policy, learning from what works, to sustain improvements. Aimed at those driving the agenda when NCSS has gone.

A list of potential keynote speakers and workshops had been identified including:

- Commissioning – new structure and how it might work for CAMHS
- Commissioning – vulnerable children
- Early Intervention and Prevention
- Outcomes based planning
- Participation
- Payment By Results
- Role of Health and wellbeing Boards
- Transitions
- What we can do in schools
- Workforce

**Action: Nominations and contacts for workshop leaders to be suggested to Dawn. Also for market place stands.**

### 3 DfE and DH Policy Team

Elizabeth Smith shared she would be moving over to work full time on the SEN and Disability Green Paper implications. Bhupinder Bhoday will take over from Elizabeth as children's mental health team leader.

DfE has reorganised its divisional structure, creating the Supporting Children and Young People Group (SCYPG) Anne Jackson, Director. Ian Whitehouse, Deputy Director Children and Young Peoples Health and Wellbeing. Alison Hadley, Head of Children and Young Peoples Health.

The Early Intervention Grant has been announced intended to give local areas the freedom and flexibility to invest in early intervention, responding effectively to local need and priority. See link below for further information.

<http://www.education.gov.uk/childrenandyoungpeople/earlylearningandchildcare/a0070357/early-intervention-grant-frequently-asked-questions/>

Graham Allan's independent review of early intervention is due in January. Many local areas have submitted evidence from TaMHS.

The Schools White Paper 'The Importance of Teaching' highlights the role of schools in promoting wellbeing and pastoral care.

At the DH Children and Young People's Psychological Wellbeing and Mental Health Board meeting on 30 November Karen Turner (Deputy Director, DH) acknowledged the success of the Participation Conference and the professionalism of NCSS staff at this difficult time. At the final Board meeting in February Dawn will produce a timeline of past NCSS achievements.

The Mental Health Strategy is now on version 7 of the draft, it will go to the Cabinet Sub Committee in January, hopefully for publication later that month, launch arrangements are being made. To accompany the strategy will be a 'call to action' from other organisations involved in mental health issues. Separately initial discussions have been held with a wide range of organisations about the formation of a social movement to sit alongside and complement statutory mental health services.

The DH had published a number of documents –

- The Operating Framework – several references to children and young people's mental health and a key aim of preparing for the transition for GP Commissioning. A request for further information on the GP commissioning pathfinders was made, followed by a brief discussion on arrangements and relationship with health and wellbeing boards.
- Government's response to the consultation on the implementation of the White Paper.
- NHS Funding allocations – an increase of £2.6 billion (3%). Discussion on funding available for CAMHS (PCT and LA) and position of services on the ground.

#### **4 DfE TaMHS workshop**

Graeme Jeffs and Adriana Sanchez led a discussion on the role of the Voluntary Community and Social Enterprise sector in TAMHS.

#### **5 Resources and Regional Successes**

Julie Moss gave an overview of the Eliminating Inappropriate Admissions project in the North West. A 2 year programme led by Tim McDougall has seen a reduction in admissions from 6000 (Dec 08) to 100 (Dec 10). Work also done with existing 16-19yrs Network looking at service improvement and quality standards, with adult mental health wards on safe and appropriate standards of care and targeted support provided to individual areas. A package of toolkits has been put together for commissioners on CDROM.

Fran Tummey gave a presentation on the Interface between CAMHS and Early Intervention in Psychosis (EIP) services: A national mapping audit in England. The Report is being published at the end of the year and will be circulated to the Team.

Ann Jones gave an overview of the Commissioning toolkit for Autism Spectrum Disorders in children to reduce disparity in services and also waiting times. Toolkit developed with pathways, core standards, key recommendations, leaflet for parents 'what to expect' and also top tips for professionals. The pack is on ChiMat website <http://www.chimat.org.uk/resource/item.aspx?RID=94945>

Kathryn Pugh gave a presentation on the Needs Assessment for children and young people with complex emotional, behavioural and mental health problems at risk of committing serious crime in London. Recommendations presented to London Offender Health Board, Children and Young Peoples Health Board, YJB, Specialist Commissioning and SHA Mental Health and Children's leads to inform case for change.

Linda Wollam gave an overview of an intensive support approach in the South West between 6 LAs and 2 PCTs in one patch going out to tender as a cluster. External consultants used tailored to aspects of work within the one project. Service specification devised, quality framework developed to identify weakness for improvement plan. Individual coaching with managers offered as well as meeting as a group. Data requirements listed for monthly reports. Money used to buy in training, increase participation, CAPA training and work around waiting lists and for CORC membership.

Ragnhild Banton gave an overview of the CAMHS Audit of Children in Care to learn about service models, the breadth of interventions offered and screening tools used. Results to be analysed looking at cost, quality and risks.

Lucie Reader gave a presentation on key commissioning indicators. The development of an agreed minimum set of key indicators to improve the standard and consistency of commissioning across London.

Sharon Hall gave a presentation on the interactive participation tool for CAMHS in the North East which is available on the wiki CAMHS website. [www.wikicamhs.co.uk/home/index.php?title=North\\_East\\_Participation](http://www.wikicamhs.co.uk/home/index.php?title=North_East_Participation)

David Goodban gave an overview of Mike Rutter's research on the Implications from the English and Romanian Adoptees Study on the effects of institutional deprivation on physical and psychological development.

## **6 Regional Round up**

Positive messages about TaMHS work shared. Risks discussed where TaMHS Leads finish before the end of March or at the end of March but after the RDW has left.

Ragnhild Banton finishes in London in December. Ann Jones and Julie Moss finish in the North West mid February 2011.

Recent Transitions and Participation conferences in the North East. Preparing Risk Register for SHA.

TaMHS conference and looking forward conference planned for the new year in Yorks and Humber.

Transitions and Tackling Stigma conferences in the East Midlands with an Infant mental health event planned for February.

## **7 Date of next meeting – Tuesday 1 March 2011 at the Ambassadors**