

NCSS Lead Area briefing paper - December 2010

ANN JONES - CAMHS RDW North West, National Lead for Learning Disability

- Developing care bundles/pathway workshop with Northumberland CALD Team
- Shared transition toolkit materials which are in development in the NW for young people with complex needs with Kathryn Pugh who is leading national transition work
- Supporting the LD/CAMHS Network since it's transfer to ChiMat
- Developing CAMHS/LD e-forum discussion group with QINMAC
- Membership of QINMAC Advisory Group completed. LD/CAMHS Advisory Group now merged with QINMAC Advisory Group. RDW representation was to provide expert guidance on behalf of NCSS this is no longer a requirement.
- Membership of national challenging behaviour strategy group completed. RDW representation was to provide expert guidance which is no longer a requirement.
- Member of the expert reference group Mental Health Transition project and developed CAMHS/LD transition prompt for use by commissioners and providers to determine the needs of young people and their families at the transition to adult services.

Key challenges or risks

Maintaining the momentum and 'interest' of partners considering that priorities are changing and efficiency savings are required in services

Products planned

Care bundles/pathways for young people with LD/mental health needs in the process of being completed by end January 2011.

SHARON HALL - CAMHS RDW North East, National Lead for Tier 4

Products to be launched

Developing CAMHS Community Tier 4 Services Podcast

Podcast now complete and ready to launch within next 2 weeks, there has been a slight delay due to need to find suitable platform host for the podcast post March 2011. The Royal Collage of Psychiatry have now agreed to host the podcast linked to the Quality Network for Community CAMHS.

The aim of the 12min podcast is to;

- Disseminate learning from Commissioners in the development of these services
- Disseminate learning from providers working in these services
- Raise awareness/clarify current thinking
- Link evidence to what is happening in practice
- Give examples of where things are working and why

The last meeting of the Tier 4 Advisory Group was held in October and the group has now been disbanded. Letters of thanks to all those who have contributed towards the group over the last few years are to be sent out with the final minutes of the group by next week.

Next steps

The work areas identified in the NCSS Business plan for 2010/11 have now been completed and there are no further tasks, meetings or products to be delivered.

Lesley Hewson was keen to work with the Tier 4 Advisory Group on developing a legacy document which summarised the learning and key challenges still facing Tier 4 CAMHS services. Sharon to discuss with Dawn Rees.

Podcast to be launched by 14 Jan 2011

Letters to group members to be sent out by 14 Jan 2011

Minutes of last meeting to be sent out by 14 Jan 2011

JANE SEDGEWICK - CAMHS RDW Yorkshire and the Humber, National Lead for Training Tier One and Prevention and Promotion

Training Tier One E-Learning Materials

There are currently 1231, registered users for Everybody's Business e-learning, so the numbers are still growing month by month. Understanding Mental Health has 1305 users spread between the four modules (some are duplicates), lower numbers in the later modules; Mental Health Promotion has 252 users (some are duplicates) and Peri-natal and Infant Mental Health has 408 registered users (some are duplicates). What I mean by duplicates is that some people will be registered to more than one session in a module.

The largest professional groups of users are: 34% free text (this means that they haven't fit themselves into one of the 26 categories we have on the website); 7% are health visitors; 6% are from adult mental health services; 3% are midwives; 8% are teachers; 4% are family support workers; 4% are school nurses; 4% are paediatric nurses; 3% are Children and Families Social Workers; 3% are Youth Workers; 3% are Teaching Assistants; 3% are Learning Mentors, 2% are Residential Social Workers and 3% are mental health Social Workers. The other groups making up 1% each the users are GPs; Sure Start staff; Classroom Assistants; Early years staff; Play Workers; Connexions Workers and 3% are parents.

Essex and Lancashire currently has the largest percentage of the users (8%). The Lancashire figures may be inflated as we have discovered that not all areas of the North West are on the registration page. The other areas as below:

- 5% Buckinghamshire
- 4% Unspecified
- 7% West Midlands
- 4% Lincolnshire
- 2% Suffolk
- 3% North East Lincolnshire
- 3% Norfolk
- 3% Cambridgeshire
- 2% Wales
- 2% Surrey
- 2% Leeds
- 2% Central Lancashire
- 2% Suffolk
- 2% Kent
- 2% Nottingham City

Training Packages:

Due to lack of admin support we can only estimate the number of CD Training packages that have been requested and sent out since September. We estimate at least 2 a week. We are also tracking where the CDROM Trainers Packages go and RDWs are asked to provide a list of people to whom the Trainers Package has been sent to. amanda.hodgson@yhip.org.uk should also be contacted if more CD packages are required until March 2011.

Next steps

As part of NCSS legacy planning OCB Media will ensure that the e-learning materials continue to be available, information accessible through CHIMAT.

Prevention and Promotion

From November 2009 to November 2010, **24,058** copies of Take Action have been sold. Orders have come from different organisations across the country, with a maximum order of 2974. Most of these organisations are not specialist CAMHS, but include TaMHS projects, Healthy Schools, schools and Children's Centres

Over 80 young people were consulted about the content of Take Action, and we are confident that the subject matter is right for the target audience (11-14 year olds). Further copies can be ordered from <http://kidpremiership.com/catalogue--iID--126--take-action.php> . Reductions in price are available for bulk orders.

Next steps

Kid Premiership (our collaborative partner on Take Action) have been asked for a similar booklet for younger children. NCSS does not have the resources to commit to this, and so they are seeking alternative funding.

FRAN TUMMEY - CAMHS RDW West Midlands, National Lead for Early Intervention in Psychosis (EIP)

Transition Study

Fourth meeting of project board held in November. Coventry have now recruited a Transitions worker. Sandwell and Coventry are exchanging transitions protocols and a new one is being developed. Once in place Ethics will be consulted to progress the study. The study will continue for the next 18 months and is being co-ordinated by Warwick University.

CAMHS/ EIP audit

Audit paper now in final draft, completion expected by 31/12/10. Preliminary findings are being presented at the International Early Intervention Psychosis conference and including work completed on EI/CAMHS thresholds in the West Midlands. Completed format will be in PDF format and stored on NCSS legacy site, ChiMat and NMH DU web pages

Risks/challenges:

There has been significant delay in the production of the report due to changes in Rethink structure

National EIP leads

National EIP leads continue to meet to ensure connectivity in their strategic thinking around service development, which includes CAMH perspective. Next meeting December 2010. Currently NCSS lead jointly chairs this group with David Shiers (NMH DU).

Risks/challenges:

This group will continue to run post March 2011 although there will need to be a discussion as to how they will sustain a link with CAMHS providers

National Youth Conference 22 & 23 November 2010

This conference has been delivered with positive feedback. NCSS jointly delivered a workshop on mental health education provision in schools. Link to website <http://www.birminghamyouthmentalhealthconference.org.uk/>

CAMHS/EIP workshops

This was focussed in the West Midlands and the report has been shared to allow other localities to adopt similar methods of engagement across services. The report was presented at the IEPA conference in Amsterdam by a colleague.

Products planned

Baseline audit of services provided to under 18s with first onset psychosis, nationally. Small print run of finished product and online access, through Rethink.

Comparative research on transitions to adult services from CAMHS. Comparing a transition protocol to an actual transitions worker, will not be produced by March 2011 as the study is ongoing by west midlands SHA and University of Warwick.

Next steps

Finalise development of products and if possible replacement CAMHS link for National EIP leads meeting.

FIONA WARNER-GALE - CAMHS RDW East Midlands, National Lead for Tackling Stigma

The Tackling Stigma Toolkit has been completed and printed. It was launched at the Participation Conference on 28 October. The toolkit has been disseminated widely, by email and posted to key individuals. There are still some hard copies available.

The interactive online version has also been launched at www.chimat.org.uk/tacklingstigma. The 6 pilots are well underway and have developed innovative and creative ways of tackling stigma, using the framework. There will be one final workshop before the NCSS finishes.

The Evaluation report has been submitted and is very positive. It is available on the Tackling Stigma web pages. Kate Harker, the project manager for Tackling Stigma has completed her contract and FWG is leading on the rollout programme for the Toolkit etc. The key achievements from the roll out plan to date are:

- Launch keynote at the Participation Conference
- Presentation to NCSS
- Keynote at PMHW Conference, Blackpool
- Article in YoungMinds
- Launch at EM regional Participation conference
- Wide circulation of the toolkit and the web address on National and International basis
- Banner pen bearing the Tackling Stigma info has been disseminated widely (more are available)

Key challenges or risks

The key risk is that the Tackling Stigma framework may not be mainstreamed due to the closure of the NCSS and changing policy around children's mental health. A key lead needs to be identified to ensure that the Toolkit continues to be disseminated post NCSS (possibly a voluntary sector body). This has still not been identified, although YoungMinds and Rethink are championing the toolkit. We have also endeavoured to embed the Toolkit and Framework in the proposed mental health strategy.

An additional risk is that rollout may be compromised if the lead role is vacated early by FWG due to alternative employment being found.

Products launched (in October)

Tackling Stigma Toolkit – Paper version, PDF and web based version

Banner pen – Tackling stigma toolkit

Article in Young Minds Magazine

Evaluation report - ECOTEC

Next steps

Continue to liaise with relevant voluntary sector colleagues to ensure further roll out of the Tackling Stigma Toolkit and framework post NCSS.

Workshop at NCB/YoungMinds Conference in March.

ROZ ROSPOPA - Children & Young People's Portfolio Manager/CAMHS RDW East of England), National Lead for User Participation

The profile of Participation has increased and the voice of Children and Young People is profiled in policy and practice.

Funding was secured for the national participation project, delivery is on track including the national event in October 2010 which was well attended and evaluated, DVD produced and circulated both in hard version and on line. The online participation tool for commissioners is on track for March 2011 delivery. Participation project is making progress, tender for online tool on track.

Key relationships between partners have been developed to establish a more cohesive message.

- a) The connectivity between the You're Welcome and CAMHS Participation standards was supported by an Action Learning set in 2009-10 and should be retained through the revised You're Welcome criteria which is awaiting approval.
- b) The relationship between NCSS and YoungMinds VIK has supported the introduction of YM VIK workers into the regions and making contributions connected to Local CAMH needs. YM VIK is keen to be involved in embedding the progress to date and this handover is in progress.
- c) Maintaining the relationships across the voluntary sector has now been passed to the Voluntary Sector Children's MH Coalition.

Key relevant publications, tools and resources have been included in the resources for commissioners project.

Key challenges or risks

The impact of economic pressures on accessing funds for effective involvement of young people, there is increasing information to support that this is an area of risk for financial savings. As the NCSS lead area ceases, maintaining the extensive list of contacts within each region and with young people's groups is a challenge.

Products launched

DVD and National event 'No Decision About Me, Without Me' from the NCSS participation project.

Products planned

Online Tool from Participation project launch at March 2 conference

RAGNHILD BANTON - CAMHS RDW London, National Lead for Children in Care (CIC)

Linked with West Midland CIC project worker Carolyn Galvin (based at SHA in Birmingham) shared data gathering tools.

Attended a CAMHS meeting in Birmingham (20 attendees) of practitioners which was set up to share information about service issues, including specific interventions in relation to CIC.

London regional audit disseminated to all London commissioners with the objective of receiving a return from each authority. So far 9 boroughs have returned their questionnaires.

Linked with TAMHS projects that include CIC

Key challenges or risks

Commissioners remain concerned about:

- cross charging
- uneven practice/differentiated access between MH Trusts
- very different experiences among children and young people

Many dedicated CAMHS for CIC risk being reduced as part of the overall budget reductions to CAMHS from Local Authorities. In inner London this has been the second round of service reductions, following the change in the CAMHS grant funding formula in 2008.

Next steps

Chase up authorities that have not yet submitted their returns.

Share audit tool with other RDWs

Analyse the results of the London audit looking at cost, quality and risk to current CAMHS for CIC, linking in with data that can be provided through the CAMHS mapping.

Refine methodology and share learning with London commissioners.

DAVID GOODBAN - CAMHS RDW South West, National Lead for Peri-natal and Infant Mental Health (PIMH)

In October in collaboration with NMHDU a three times yearly regional bulletin was launched on the ChiMat network newsletter. Four regions contributed. Between now and March we will work with NMHDU colleagues to increase the input to the next bulletin. The membership of the network, after its migration to ChiMat continues to increase. The numbers of people receiving the bulletin is now 1018.

South West have piloted outcome measures from CORC

Key challenges or risks

- There has been a delay in getting the network blog up and running at the Royal College of Psychiatrists. This is intended to enable network members to contact each other directly along the lines of the Focus mailbase, so it will be moderated. Peter Thompson at CRU has this in hand – information below under products.
- There is some concern about how the regional bulletins will continue to be supported post March 2011. To be explored with AIMH and Marce Society leads.

Products launched

A national report on PIMH has been published by the Childrens Mapping Unit from Durham, with input from NCSS and was circulated in the ChiMat bulletin.

See RCP website for network blog: information as follows:

Information of the LD CAMHS group will go on the Quality Network for Community CAMHS pages www.rcpsych.ac.uk/communitycamhs and the PIMH one will go on the Quality Network for Peri-natal Mental Health Services webpage www.rcpsych.ac.uk/perinatal-network.

Next steps

Continue to support the storing of knowledge and best practice and the continued operation of an effective PIMH network.

LINDA WOLLAM - Childrens Programme South East, National Lead for Youth Justice

The work of 11 Million, Office of the Children's Commissioner for England, and their Expert Group is now concluded. The last meeting of the group will take place on 10 December 2010. The report is in draft form and it reports the observations from work undertaken in 2010 by the Office of the Children's Commissioner for England, examining the provisions in place for supporting and promoting the emotional well being and mental health of children and young people in the criminal justice system, and in particular those placed in detention.

The Hampshire and Isle of Wight Forensic CAMHS Launch event took place on 10 November 2010 and had attendees from other parts of the country as well as DH and the Royal College. The service is now fully operational as a two year pilot scheme funded by DH. The host organisation is Oxfordshire and Buckinghamshire Mental Health NHS Foundation Trust.

'Healthy Children, Safer Communities - Promoting the health and well-being of children and people in contact with the Youth Justice System' remains the key policy driver and the Working Group continues to meet to oversee implementation.

Key challenges or risks:

Maintaining momentum during a period of change and uncertainty.

Agreeing priorities with a focus on cost effectiveness and efficiency.

Making the case for change with ministers and local partners, and taking on board the views of service users.

Products planned:

The commissioning toolkit to accompany HCSC is still being drafted. A workshop was held recently to discuss the implications for children and young people of the proposed new NHS structure/new commissioning framework. The timetable for publication now needs to be revised.

Following the [announcement by the Ministry of Justice](#) the Youth Justice Board (YJB) will cease to function as a non-departmental public body and will be transferred into the Ministry of Justice.

It has been agreed that a National Health Advisor post will not be recruited, although Sue Sylvester will monitor progress against HCSC implementation as part of her current role.

Youth Justice Liaison and Diversion Project (Sainsbury Centre for MH/DH) the interim academic evaluation has been received and further work is being done on potential roll out.

Next steps:

The HCSC Working Group will continue to meet with Caroline Twitchett chairing.

Indicate if work is finished, or not, and what if anything is outstanding:

There is no outstanding work specifically requiring leadership from RDW.

The 11 Million Expert Group has concluded its business.

If responsibility for driving work has been handed over, if so to which person or group or organisation:

The Hampshire IOW Forensic CAMHS pilot will continue to be led by OBMHT and will report on progress to the DH Offender Health Team as required with a final evaluation of both this service and the established Thames Valley service.

ANGIE PULLEN - National Development Projects Manager

Leadership Evaluation

The evaluators have produced a draft evaluation report which has been discussed by the expert reference group and the steering group the final report will be shared with RDWs.

Key challenges/risks

The project will now not deliver a leadership competency framework or a national leadership strategy for the CAMHS workforce. Following agreement with DH and the steering group it has now been agreed that (given uncertainty about future structures and responsibilities for commissioning leadership development) it would be most helpful to produce a leadership development in CAMHS guide covering recommended outcomes and objectives programmes should incorporate and guidelines on design and delivery of leadership development.

Products planned

A leadership in CAMHS guide be developed to be signed off in February 2011

Next Steps

The format and content is being worked up by the evaluators and the expert reference group who are meeting on 8 December 2010.

Legacy Planning

The resource directory draft is progressing the design concept has been agreed and will be circulated to RDWs for comment week commencing 29 November 2010. To meet the January 2011 publication deadline comments will need to be with the editor by 13 December 2010.

A programme of development work will be agreed with ChiMat on 15 December to ensure that all NCSS commissioned tools continue to be accessible in 2011 after the close of the programme.

Key Challenges

There are issues relating to the hosting on video content which cannot run from the ChiMat platform but can be made accessible by hyperlink from the ChiMat site. We are exploring continued hosting of a number of products but this will be difficult to guarantee in the long term.

Products planned

On line resource directory January 2011

Next Steps

Uploading of all NCSS products on to ChiMat site.

Revised topic categories agreed in mental health hub to improve consistency and navigation.