

Leeds TAMHS project Sustainability Plan

This sustainability plan outlines how the TaMHS project will continue to develop beyond the current external funding streams due to finish in April 2011 as well as what capacity has been built into the schools from the project.

Glossary

- CAMHS: Child and Adolescent Mental Health Service (in this document we are referring to the specialist NHS service and not comprehensive services engaged in all type of emotional health work with children & young people)
- DCSF: Department for Children, Schools and Families
- EHWB: Emotional health and Wellbeing
- DH: Department of Health
- NEXT: cluster of 9 schools in North East Leeds
- NI 50: National Indicator 50, a national measure for children and young people's mental health
- OFSTED: Office for Standards in Education
- PSA 12 – a set of delivery and measurement agreements including Emotional health and wellbeing (indicator 4) for local areas
- SEF: Self-Evaluation Form (school self-review for OFSTED)
- TaMHS: Targeted Mental Health in Schools
- TNH – Temple Newsam Halton

The TaMHS sustainability plan needs to link with an overall updated Emotional Health Strategy for Leeds which has locality commissioning of emotional health services at its heart. This clearly also links to broader issues around developing emotional health services in Leeds – in the light of three recent documents produced by the DCSF and DH

- "Keeping Children and Young people in Mind – the Governments Full response to the independent review of CAMHS"
- "Promoting the Emotional Health of children and young people – Guidance for Children's Trusts Partnerships , including how to deliver NI50"
- "Improving the psychological wellbeing and mental health of children and young people: commissioning early intervention support services (Guidance for commissioners on the requirements of PSA 12 Indicator 4 – 4th proxy measure"

(This sustainability Plan will probably need to be a joint Education Leeds/ Children Leeds strategy in order to assist clusters of schools in making emotional health developments) It is proposed that the label "TaMHS" will not be continued beyond 2011. "Locality commissioned emotional health

services" or some similar term is a much better and less stigmatising description.

1. Continuation of Current TaMHS pilots

- Continue to prove the success of the current pilot areas (this is the key to longer term funding).
- Clarify whether there is extended Services and AMB continued funding of current posts beyond April 2011. (This covers both overall cluster coordinator roles which are critical to locality co-ordination of services, as well as TaMHS specific posts)
- In the light of all the above, discussions with current East clusters as to their willingness to continue funding existing posts
- Place 2 Be has long experience in sustaining hubs. Funding from AMB and schools post TaMHS funding needs to be clarified. 5/9 schools expressed interest currently.

2. Inbuilt capacity supporting current pilot areas

It will be important to ensure that other resources that have contributed to the current TaMHS pilot are recognised as well

- Training/ knowledge – CAMHS training/ STEPS/ Restorative Justice/ Silver SEAL/ Provision Mapping/ Evidence Base culture.
- Resources e.g. Emotional Literacy Assessment and Intervention books, funding for therapy spaces, Provision Mapping Tools
- Structures e.g. Help develop Guidance and Support setup in TNH cluster.

3. Expanding TaMHS into other Leeds Areas

Some elements around this were built into the original TAMHS bid

- Affordable staffing model of 2 days Senior CAMHS Practitioner and full time EHWP worker who could be drawn from a variety of backgrounds including Learning mentor or Primary Mental Health Worker. Full pricing available to all clusters from the beginning of 2010/11.
- Online framework and mapping of third sector organisations at www.LeedsEHWP.org.uk so that schools can commission direct. Headings including evidence base and costs.
- Standardised assessments for EHWP for Leeds (i.e. Emotional Literacy and Goodman's SDQ)
- Establish the viability of any other additional funding streams to facilitate new clusters getting started. For example Regional Innovations Fund (RIF) has been bid for to expand the NEXT cluster funding. Priorities will be given to future clusters with mental health inequalities. Match funding will be sought in all cases.

- Seek interest from other clusters to pilot TaMHS from cluster funding. Interest from several sources already : NEXT cluster, John Smeaton High, Swallow Hill and Parklands Primary

To complete this year

- Development of a locality commissioners "set up pack" which sets out the lessons learnt from the pilots, and provides clusters with a number of models for developing services. Clear information about outcomes, costs (time and money) and benefits of TaMHS work.
- Linking TaMHS work to the new SEF and OFSTED framework for schools.
- Show proven outcomes in the most rigorous way possible.
- Promote TaMHS as one solution to CAF EHWB data issues.
- Find at least two sources of interest for expanding TaMHS models.
- Bring together key fund holders of EHWB/ mental health/ challenging behaviour for promotional event in May 2010. This will promote TaMHS as a viable model for further investment/ integration into existing setups e.g. BEST/ PRUs etc.

Other linked strategies/ projects supporting sustainability

- CPD map for EHWB Learning Mentors developed by Workforce Development
- NE wedge Emotional Health Pilot. Needs analysis of EHWB data leading potentially to changes in commissioning of CAMHS service in NE wedge.
- TaMHS solutions embedded into Healthy Schools Enhancement model examples for EHWB.

Other factors

- Place2Be experience of sustainability through fundraising and promotion. .
- CAMHS offer to all clusters to support the appointment of a senior CAMHS practitioner if they adhere to certain TaMHS set up principles (i.e. cluster wide EHWB team inc mental health training, part time appointment, minimum commitment to funding of 2 years, capacity building development).

4. Range of menu options

Whilst more detailed work will be needed, some of the models that are likely to be included in the good practice guidance are as follows: (They are included here in order to give some indication of the type of options. Each model will need to be costed in terms of direct costs for a cluster, and costs in term of time allocated from already existing posts.

Model A: "NEXT" option:

- 0.6 CAMHS + developing own in school provision + Guidance & Support setup

Model B:

- The Place 2 Be model already in place in the South

Model C:

- The "Brigshaw" model: f/t EHWB worker (mainly undertaking individual work), 0.5 therapist from the voluntary sector, 0.1 CAMHS practitioner, plus cluster development

Model D:

- Temple Newsam Halton model: 0.5 CAMHS, f/t EHWB worker, plus cluster development

Model E:

- Cluster developments e.g. whole school development, identified staff in schools undertaking mental health and evidence based intervention training, guidance and support set up, sharing good practice etc. without the appointments of any additional staff.

Model F,G etc –

- Other models that may be proposed if additional work is put out to general tender

All of these models in the longer term assume ring fenced CAMHS time to each wedge for the provision of consultation and training. Offer x hours to each wedge, as part of the core offer. Plus the CAMHS offer of being paid to 'top up' provision with additional CAMHS sessions.