



Race

Equality in Mental Health



East Midlands

The East Midlands Development Centre DRE Programme has been very successful in delivering to outcomes around effectively engaging and involving carers from the Black and Minority Ethnic (BME) communities in the region. Key successful outcomes have been:

- Development of the Fair Deal for Carers document
- Carers Awareness training and Carers Involvement template, which will be launched at the DRE Conference 2009
- Carers consultation on the Mental Health Act Code of Practice, where the group was able to influence the Code by ensuring that carers were actively recognised within the Code of Practice.



Ramesh Kanani
DRE Ambassador for East Midlands

It was great to be involved and I felt very valued as an equal partner.

Carer from Nottingham

My role as a DRE Ambassador is to ensure that and minority ethnic carers are equal partners in the developing and shaping of all services. A proverb that I hold dear to my heart is that “One hand cannot tie a knot” hence true meaningful engagement and holistic care ensures that BME users, survivors and carers are at the heart of any development in health and social care.

Ramesh Kanani DRE Ambassador for East Midlands

