



Children's Mental Health and Psychological Well-Being E- Bulletin

This monthly bulletin is a joint collaboration between the National CAMHS Support Service (NCSS) www.cypf.org.uk/camhs, YoungMinds www.youngminds.org.uk and ChiMat (National Child and Maternal Health Observatory) www.chimat.org.uk and aims to provide high quality and up to date information on children's psychological and emotional wellbeing and mental health.

January 2010

This update summarises the latest additions to the Mental Health and Psychological Well-Being section of the ChiMat (national Child and Maternal Health Observatory) website over the last month.

National Support Team (NST) Visits 2010

National Support Teams (NSTs) provide consultancy style, expert and peer tailored delivery support to health partnerships in England – Primary Care Trusts (PCTs), NHS Trusts and Local Authorities.

The CAMHS NST will be visiting:

- East Midlands, Lincolnshire 21, 22nd, 28 January, and 5 February.
- West Midlands – Solihull 23rd – 26th February.

Click on the link below for more information.

<http://www.cypf.org.uk/silo/files/nst-visits-2010.doc>

National Advisory Council (NAC)

Chair and Vice Chair of the NAC are in the process of carrying out regional visits with key people from SHAs, PCT, local authorities etc. involved in CAMHS, and visiting a range of services at different stages of development in each region. The findings from these visits will be used to inform the work of the NAC.

The NAC held their 4th meeting in December. Dawn Primarolo, Minister of State for Children, Young People and Families attended the meeting and discussed various issues including the Government's Full Response to the CAMHS Review. The special topic for the meeting was connected to issues regarding specialist services.

<http://nationaladvisorycouncilcmh.independent.gov.uk/>

National CAMHS Support Service Participation Project

The NCSS have established an 18 month project to co-ordinate the development of key products which will promote the meaningful participation of children and young people in the planning, delivery and review of emotional and mental health services.

Key outcomes of the Project

- Disseminate Quality Standards for young people's participation in CAMHS within the regions
- Map participation activity within the regions
- Consult with young people and voluntary organisations about the kinds of services that would be most helpful to them
- Commission the development of an on line tool to assist commissioners and service providers in the participation of young people in planning new and reviewing existing services.
- Work with voluntary organisations and young people to run a national event for specialist CAMHS to share good practice
- Produce a report for government departments outlining findings and recommendations.

For more information about this exciting new project contact the NCSS Participation Project Officer, Rajinder Nagra, at rajinder.nagra@cypf.org.uk or 077754 07164.

Children and Young People's Psychological Wellbeing and Mental Health Board

The Board consists of DH and DCSF officials and representatives from Strategic Health Authorities (Eustace de Sousa), Government Offices (Jackie Doughty and Sue Sylvester), and the Care Quality Commission. It aims to support Senior Reporting Officers to ensure the success of the programme within Public Service Agreement (PSA) 12 to improve the mental and emotional health and wellbeing of children and young people. The Board is due to meet on a quarterly basis in 2010 (9 March, 8 June, 14 September and 30 November).

Further information can be obtained from the Board's Secretary Colin Startup (Colin.Startup@dh.gsi.gov.uk).

Consultations

New Statutory Children's Trust guidance and New Children and Young people's Plan Regulations – Closing date 29th Jan 2010

This document brings together guidance on Children's Trusts and Children and Young People's Plans into one piece of statutory guidance. The consultation is on both the draft new statutory guidance and the draft new regulations.

<http://www.dcsf.gov.uk/consultations/index.cfm?action=consultationDetails&consultationId=1670&external=no&menu=1>

Sure Start Children's Centres: Guidance

The purpose of this consultation is to gather views on the draft Sure Start Children's Centres guidance. Closing Date: Monday 1 February 2010

<http://www.chimat.org.uk/resource/item.aspx?RID=82096>

DCSF: Recording and Reporting Incidents of Bullying Between Pupils, and Incidents of Abuse Against School Staff: Consultation

This consultation seeks views on bullying and staff grievance issues, the scope of these new duties and how best to support schools in implementing them. Deadline date: 4 March 2010
<http://www.chimat.org.uk/resource/item.aspx?RID=82185>

News Items

CYPN: Mental health strategy to improve transition services for young

The government will develop resources to help young people with mental health problems move from child to adult services as part of its strategy on mental health, published yesterday.
<http://www.chimat.org.uk/resource/view.aspx?RID=82107>

Community Care: Tool to gauge children's experiences of mental health services

The experiences of children and young people using mental health services may soon be measurable, thanks to a tool being developed at King's College, London. The tool is called The Children and Adolescent Service Experience (ChASE), and it will ask service users aged nine to 17 and their main carers to complete 15 questions about their experiences of therapy.
<http://www.chimat.org.uk/resource/view.aspx?RID=82205>

My Head Hurts!

YoungMinds launched their 4 key pledges, which are based on the young people's manifesto for better mental health.. These are policy recommendations which YoungMinds would like to see implemented in all the political parties manifestos in the run up to the next general election. The pledges cover the following topics: stigma, transitions, a Quality Assurance Mark, and training for all staff who work with children in child and adolescent development and mental health. Go to the following website for more information about the pledges.
<http://www.youngminds.org.uk/campaigns -policy/>

Policy and Government Reports

Keeping children and young people in mind : full government response to the CAMHS Review

This document sets out progress to date and plans for the future of children and young people's mental health. The response also gives examples of the outcomes expected from a good service as an aid for commissioners, providers and practitioners.

Press release: http://www.dcsf.gov.uk/pns/DisplayPN.cgi?pn_id=2010_0009

Full report: <http://www.dcsf.gov.uk/CAMHSreview/pdfs/8549-DCSF-%20CAMHS%20Review.pdf>

Keeping children and young people in mind: what the Government's full response to the independent review of CAMHS means for children, young people and families

This leaflet summarises the Government's full response to the CAMHS Review and sets out the features of good services which all local areas should be working towards delivering.
<http://www.dcsf.gov.uk/CAMHSreview/pdfs/8550-DCSF-CAMHS%20Review%20SUMMARY.pdf>

Commissioning early intervention support services: guidance for commissioners

This guidance provides clarity to local authorities and primary care trusts about a new indicator for joint commissioning of mental-health promotion and early-intervention support for children and young people.

<http://www.chimat.org.uk/resource/item.aspx?RID=82873>

Promoting the Emotional Health of Children and Young People: Guidance for children's trusts partnerships, including how to deliver national indicator 50

This guidance contains a detailed service specification that sets out the core support and services for children, young people and families, representing a comprehensive, strategic approach to promoting emotional health.

<http://www.chimat.org.uk/resource/item.aspx?RID=82872>

The NHS operating framework for England for 2010/11

The operating framework for the NHS for 2010/11 sets out the priorities for the NHS for the year ahead to enable them to begin their planning.

<http://www.chimat.org.uk/resource/view.aspx?RID=82416>

New horizons: a shared vision for mental health

This document is a cross government programme of action to improve mental health and well-being of the population and the quality and accessibility of services for people with poor mental health, with a view to reducing risk factors and enabling SHAs to deliver their regional visions for mental health. This document is predominantly adult focused, but does cover early intervention, and transitions.

<http://www.chimat.org.uk/resource/view.aspx?RID=81702>

Working our way to better mental health: a framework for action

This document is the first national mental health and employment strategy. Although predominately adult focused, it does include a chapter on building resilience in the future workforce. The framework for action is designed to improve well-being at work for everyone, and deliver significantly better employment results for people with mental health conditions, supporting them into work, helping them to stay in work and assisting them to return to work more quickly after sickness absence.

<http://www.newhorizons.dh.gov.uk/Resources/reports/working-our-way-to-better-mental-health/index.aspx>

Work, Recovery and Inclusion: Employment support for people in contact with secondary mental health services

This document sets out a high level vision and series of commitments to support people in contact with secondary mental health services into work.

<http://www.newhorizons.dh.gov.uk/Resources/reports/work-recovery-and-inclusion/index.aspx>

The Children's Plan two years on: a progress report

This is the two year follow-up on progress made on the Children's Plan.

<http://www.chimat.org.uk/resource/view.aspx?RID=82227>

Healthy children, safer communities - a strategy to promote the health and well-being of children and young people in contact with the youth justice system

This cross government strategy aims to help tackle youth crime and anti-social behaviour, and contribute to community safety in England. It sets out a strategic approach to inform the work of the Healthy Children, Safer Communities Programme Board to fulfil the vision that children and young people will be safer, healthier and stay away from crime.

<http://www.chimat.org.uk/resource/item.aspx?RID=82108>

Reports

Evaluation of the Choice and Partnership Approach (CAPA) in child and adolescent mental health services in England

This report is based on an evaluation of CAPA, which is a clinical system used in the UK and internationally. CAPA aims to provide services to young people that are user-friendly, designed around their needs, accessible, safe and effective. The system uses quality parameters combined with processes to facilitate pathways through the service, attempting to avoid unnecessary waits. In doing so, it attempts to place the needs of families at the centre of CAMHS. There is a shift in clinician stance from 'expert with power' to 'facilitator with expertise'.

<http://www.chimat.org.uk/resource/view.aspx?RID=82450>

CAPA in child and adolescent mental health services: An independent evaluation by the Mental Health Foundation 2009

This presentation gives an overview of the evaluation of the Choice and Partnership Approach (CAPA) in child and adolescent mental health services (CAMHS). CAPA is a clinical system that brings together the active involvement of young people and their families, demand and capacity ideas and a new approach to clinical skills and job planning.

<http://www.chimat.org.uk/resource/view.aspx?RID=82451>

Improving the emotional and behavioural health of looked after children and young people (LACYF)

This review aims to tell us what works in improving the emotional and behavioural health of looked after children and young people (LACYF), on the basis of a systematic review of the research review literature and analysis of key data. It includes a 'progress map' providing up-to-date information, resources and data. Local data can be compared with national and regional data.

<http://www.chimat.org.uk/resource/view.aspx?RID=81615>

Young people's access to advice - the evidence: key research evidence on young people's access to advice on social welfare issues

Report findings suggest young people's access to advice is poor - they are considerably less likely to get advice than the general population. Key findings include: many young people lack the skills and knowledge required for successful advice-seeking and experience significant psychological barriers to getting advice; young people want advice from services that are informal, confidential and focussed on young people; and from individual advisers whom they can trust and who can offer powerful independent assistance to resolve complex problems; and evidence challenging common assumptions about young people's use of technology to get advice.

<http://www.chimat.org.uk/resource/item.aspx?RID=81664>

Young Adult Manifesto

This document contains T2A's 10 recommendations, which they believe would make the way in which we deal with young offenders more effective, fairer, and less costly.

<http://www.chimat.org.uk/resource/item.aspx?RID=81576>

Resources

Working within child and adolescent mental health inpatient services: a practitioner's handbook

This handbook is designed to provide practitioners, working in generic Tier 4 Child and Adolescent Mental Health Services (CAMHS), with an overview of the key issues related to working within inpatient settings. This handbook was commissioned by the NCSS National CAMHS Workforce programme. It has been developed with the assistance of the Quality Network for Inpatient CAMHS (QNIC) membership and is endorsed by the project's executive committee.

<http://www.chimat.org.uk/resource/view.aspx?RID=81580>

The commissioning friend for mental health services: a guide for health and social care commissioners

This guide is designed to support primary care trusts and local authorities and assist them in developing their mental health commissioning practice. Published jointly by Commissioning Support for London and the National Mental Health Development Unit, the guide, which covers mental health services across England, will act as a useful reference tool and up to date "friend" on key issues to support commissioners to carry out their day to day work.

<http://www.chimat.org.uk/resource/view.aspx?RID=81668>

Audit of participation across the North East region

The aim of this document is to offer a brief overview of participation work happening across the North East Region. It highlights examples of relevant practice within child and adolescent mental health services (CAMHS) across the North East. It gathers young people's views of participation within CAMHS.

<http://www.chimat.org.uk/resource/view.aspx?RID=81703>

Guidance for Schools on Preventing and Responding to Sexist, Sexual and Transphobic Bullying: Safe to learn - Embedding anti-bullying work in schools

Many schools now have robust procedures in place to deal with bullying. However, the prevalence of sexist, sexual and transphobic bullying may be underestimated. This guidance has been developed to help school staff recognise, report and respond to these forms of bullying.

<http://www.chimat.org.uk/resource/view.aspx?RID=82186>

Everybody's Business: learning materials - CD-ROM and Online materials

The NCSS CD-ROM and online learning resources *Everybody's Business* have been revised and extended. An updated version of the Everybody's Business CD-ROM training package is available, which includes two new training packages relating to Mental Health Promotion and Peri-Natal and Infant Mental Health (the original Everybody's Business module is now called Understanding Mental Health).

The on-line learning resource has also been revised and updated in-line with the changes to the CD-ROM training package.

Click here for the online learning: <http://www.chimat.org.uk/resource/view.aspx?RID=82242>

Click here for more information about the training package:

<http://www.chimat.org.uk/resource/item.aspx?RID=81431>

Please contact laura.murphy@yhip.org.uk including your postal address if you would like a copy of the revised Everybody's Business. These CD-ROM training packages include power-point presentations, facilitator's notes, activities and hand-outs.

Improving Access to CAMHS

NCSS was sponsored by DH to produce the Improving Access to CAMHS guidelines. A wide range of case studies and implementation tools are now available to supplement the Improving Access to CAMHS good practice guide. A summary tool to support the delivery of local workshops around Improving Access to CAMHS is also available. All of these documents can be downloaded from the link below.

<http://www.cypf.org.uk/camhs/improving-access-to-camhs.html>

Experience of a young person

This podcast is of a young person recounting her stay on an adult psychiatric ward,

<http://www.nmhd.org.uk/our-work/improving-mental-health-care-pathways/mental-health-act-2007-implementation-programme-children-and-young-peoples-workstream/>

Commissioning services for women and girls who are victims of violence

These web pages provide information to support commissioning of services for women and girls who are victims of violence. It includes resources on: current policy position; policy documents; Taskforce on the health aspects of violence against women and girls; the role of the National Support Team on sexual violence; existing service standards produced by various organisations; National Occupational Training Standards; and useful data on violence against women and girls

<http://www.chimat.org.uk/resource/item.aspx?RID=81658>

How to use NICE guidance to commission high quality services

This document explains how NICE guidance supports the commissioning of high quality services, and describes how the guidance can be used throughout the commissioning cycle. It illustrates the support available from NICE, as well as the benefits using NICE guidance can bring for local populations.

<http://www.chimat.org.uk/resource/item.aspx?RID=81667>

Behave yourself! A guide to better parenting

A practical guide to encouraging better behaviour in children.

<http://www.chimat.org.uk/resource/view.aspx?RID=81608>

Encouraging better behaviour: a practical guide to positive parenting

A practical guide to positive parenting.

<http://www.chimat.org.uk/resource/view.aspx?RID=81609>

Handle with care

Advice on holding and handling your baby safely.

<http://www.chimat.org.uk/resource/view.aspx?RID=81610>

Research

Risk Behaviours and Social Activities

This study explored young people's involvement in risky behaviour during secondary school. It also looked at social activities that young people engage in, and how these may prevent or reduce risky behaviour.

<http://www.dcsf.gov.uk/research/data/uploadfiles/DCSF-RR173.pdf>

Measuring mental distress of young people since 1987

Community Care article Reports findings of a research study conducted in Scotland to measure the mental well-being of adolescents. Teenagers were interviewed in 1987, 1999 and 2006. Results showed that self reported symptoms of psychological distress increased over this period of time. Young women were consistently more likely to report distress. However, there were also increases in young people who identified themselves as 'reasonably happy'

<http://www.chimat.org.uk/resource/item.aspx?RID=81665>

When couples part: Understanding the consequences for adults and children

One Plus One has published a review of the international research literature on the impact of relationship breakdown on the physical and psychological health of adults and children and the consequences for parenting, parent-child relationships and child wellbeing.

<http://www.chimat.org.uk/resource/view.aspx?RID=81606>

Measuring mental distress of young people since 1987

Reports findings of a research study conducted in Scotland to measure the mental well-being of adolescents. Teenagers were interviewed in 1987, 1999 and 2006. Results showed that self reported symptoms of psychological distress increased over this period of time. Young women were consistently more likely to report distress. However, there were also increases in young people who identified themselves as 'reasonably happy'.

<http://www.chimat.org.uk/resource/view.aspx?RID=81665>

Virtual violence: protecting children from cyberbullying

This report is based on a study which looked at the problem of cyberbullying with over 2,000 secondary school pupils. In particular, the report highlights the number of extreme cases where a young person is persistently and systematically cyberbullied, even receiving death threats online.

<http://www.chimat.org.uk/resource/view.aspx?RID=82109>

Early behavioral issues can be detected better via early developmental surveillance and screening

To encourage accurate and early identification of children with delays, disabilities, and emerging problems, in 2006 the American Academy of Pediatrics (AAP) updated its policy statement on developmental surveillance (DS) and screening to include a decision-making paradigm. This article covers definitions and tenets of the AAP's algorithm.

<http://www.chimat.org.uk/resource/view.aspx?RID=82389>

ADHD: Evaluating advances in treatment

This commentary reviews an article first published in Contemporary Pediatrics 25 years ago re-examines the advances in treatment and management of ADHD (attention deficit / hyperactivity disorder).

<http://www.chimat.org.uk/resource/view.aspx?RID=82390>

Health in Scotland 2008 Shedding Light on Hidden Epidemics

The Scottish Government has published the Chief Medical Officer's 2008 annual report. The report highlights the relationship between a healthy childhood, mental health and physical health, stressing the importance of consistent parenting in improving Scotland's future health.

<http://www.chimat.org.uk/resource/view.aspx?RID=82529>

Randomized, Controlled Trial of an Intervention for Toddlers With Autism: The Early Start Denver Model

Objective: To conduct a randomized, controlled trial to evaluate the efficacy of the Early Start Denver Model (ESDM), a comprehensive developmental behavioral intervention, for improving outcomes of toddlers diagnosed with autism spectrum disorder (ASD).

<http://www.chimat.org.uk/resource/view.aspx?RID=81631>

Economic evaluation of a randomised controlled trial for anorexia nervosa in adolescents

This study was a cost-effectiveness analysis alongside a clinical trial of three treatment strategies for adolescents aged 12 to 18 years with anorexia nervosa. The strategies were psychiatric in-patient, specialist out-patient, and general out-patient treatment. The authors concluded that specialist out-patient services provided the most cost-effective treatment in the UK. The study was based on valid methodology, which should have ensured the validity of the authors' conclusions.

<http://www.chimat.org.uk/resource/view.aspx?RID=82425>

Maternal attitudinal inflexibility: Longitudinal relations with mother-infant disrupted interaction and childhood hostile-aggressive behavior problems

Objective: The Personal Attitude Scale (PAS; Hooley, 2000) is a method that is under development for identifying individuals high in Expressed Emotion based on personality traits of inflexibility, intolerance, and norm-forming. In the current study, the goal was to measure the association between this maternal attitudinal inflexibility, early hostile or disrupted mother-infant interactions, and hostile-aggressive behavior problems in the child.

<http://www.chimat.org.uk/resource/view.aspx?RID=82533>

Adolescents' wellbeing and functioning: Relationships with parents' subjective general physical and mental health

Background: This study aimed at examining the relationship between parental subjective health status and adolescents' health-related quality of life (HRQoL) as well as the role of gender, socioeconomic status, presence of chronic health care needs and social support on the above interaction.

<http://www.chimat.org.uk/resource/view.aspx?RID=82554>

Risk factors for depressive symptoms during pregnancy: a systematic review

The purpose of this study was to evaluate risk factors for antepartum depressive symptoms that can be assessed in routine obstetric care. We evaluated articles in the English-language literature from 1980 through 2008. Studies were selected if they evaluated the association between antepartum depressive symptoms and =1 risk factors.

<http://www.chimat.org.uk/resource/view.aspx?RID=82614>

The Impact of Parental Deployment on Child Social and Emotional Functioning: Perspectives of School Staff

Purpose: Since 2001, many military families have experienced multiple and extended deployments. Little is known about the effect of parental deployment on the well-being of children, and few, if any, studies to date have engaged school staff to understand whether and how parental deployments affect the behavioral, social, and emotional outcomes of youth in the school setting.

<http://www.chimat.org.uk/resource/view.aspx?RID=82641>

Effect on Health-related Quality of Life of changes in mental health in children and adolescents

Background: The objective of the study was to assess the effect of changes in mental health status on health-related quality of life (HRQOL) in children and adolescents aged 8 - 18 years.

<http://www.chimat.org.uk/resource/view.aspx?RID=82654>

Comparing three short questionnaires to detect psychosocial dysfunction among primary school children: a randomized method

Background: Good questionnaires are essential to support the early identification of children with psychosocial dysfunction in community based settings. Our aim was to assess which of three short questionnaires was most suitable for this identification among school-aged children

<http://www.chimat.org.uk/resource/view.aspx?RID=82655>

Events and Courses

Launch of the Very Important Kids (VIK) Group

YoungMinds are celebrating the launch of its Very Important Kids (VIK) National Participation Project on January 26th 2010, 6pm-8pm at the Getty Images Gallery, London. There will be speakers from the VIK panel, the UK Youth Parliament, the British Youth Council and we'll hear from Sue Berelowitz, Deputy Children's Commissioner, 11 Million, the VIK project manager and have music from Heart FM's Club Classics DJ Matt Wilkinson. Please let Seema Inamdar know if you can come, email her at seema.inamdar@youngminds.org.uk or call 0207 336 1448.

You're Welcome: young people, health services and the role of the voluntary sector

28th January, London / 11th February, Birmingham / 18th February, Leeds / 11th March, Newcastle

The *You're Welcome* quality criteria are a set of criteria against which organisations who deliver health services can prove they are young-people friendly. These free half-day events, held in

partnership with regional government offices, are designed specifically for voluntary and community sector organisations to introduce and explain the *You're Welcome* quality criteria. The events will cover the policy background to *You're Welcome*, the implications of the initiative to the third sector, and how third sector organisations can get involved. Government Office leads for *You're Welcome* will be at each event, as well as representatives from statutory and voluntary organisations who have been involved in it.

For more information and to book your free place online, please go to www.ncb.org.uk/conferences or email conferences@ncb.org.uk

Early intervention in psychosis: national celebration event

National Mental Health Development Unit conference that aims to celebrate the significant and measurable achievements in early intervention. This conference will be held in London, 4th February 2010.

<http://www.chimat.org.uk/resource/item.aspx?RID=81551>

Putting the 'E' in ESBD: a conference on improving the emotional well-being of children with emotional, social and behavioural difficulties

5th February 2010. The aim of the conference is for professionals to gain a better understanding of the child and adolescent mental health issues in schools, explore in greater depth the importance of emotions in children with challenging behaviours and to work more effectively with parents.

<http://www.tavi-port.org/node/1455>

Transformation and efficiency in children and young people's services: managing budget reductions, maintaining quality and innovation

Sheffield, 10th February 2010. This workshop will explore case studies on the successful application to systems approaches with supporting background information. This will enable you to think through how it might benefit you, your service providers and your service users.

<http://consilientconsulting.com/singleCol.php?page=Upcoming%20events>

National Autistic Society's Professional Conference: Addressing the challenges together

This conference has been developed by an editorial board which includes experts in autism spectrum disorder (ASD) research and education and leading professionals who work with people on the spectrum. Recent changes in the ASD environment, including new legislation and better understanding of the condition, means that, now more than ever, it is crucial for professionals to be addressing the challenges together. This conference provides a unique opportunity for those working in the field of autism to come together, discuss best practice and share each others' learning

Location: Manchester

Start: Tuesday, 16th March 2010 10:00:00

<http://www.chimat.org.uk/resource/item.aspx?RID=81623>

The Parent Factor in ADHD' Facilitator's Programme

Are you working with parents whose children have been diagnosed with Attention Deficit Hyperactivity Disorder (ADHD)? Barnardo's have developed a parenting programme specifically to

department for
children, schools and families



The National CAMHS Support Service is joint sponsored by the Department of Health & Department for Children, Schools and Families. It is charged with improving mental health services for children and young people around the country.

help parents whose children are diagnosed with ADHD to: § Understand the diagnosis and treatment § Learn new strategies to help them support their child § Have a more positive relationship with their child

Location: London

Start: Tuesday, 26th January 2010 09:00:00

<http://www.chimat.org.uk/resource/item.aspx?RID=82146>

Child Outcomes Data Explained (CODE) project: consultation event

1st March, London. 'Child Outcomes Data Explained' (CODE) is a three-year research project funded by the Department of Health, and is being undertaken by the CAMHS Evidence-Based Practice Unit, in consultation with the CAMHS Outcomes Research Consortium (2009-2012). The project aims to create nationally accessible web and paper based tools that will help practitioners, commissioners, children and young people to make real use of a range of mental health outcome data. As part of this consultation event, we will be presenting the initial materials and resources developed so far and would like to hear from you as we discuss how to make meaningful use of child and adolescent mental health outcome data.

<http://www.chimat.org.uk/resource/item.aspx?RID=82883>

What About The Children? National Conference

What is critical for a child's healthy emotional development

Location: London

Start: Tuesday, 2nd March 2010 09:00:00

<http://www.chimat.org.uk/resource/item.aspx?RID=82402>

Perinatal Mental Health – new course dates

This multidisciplinary postgraduate award module will provide you with understanding about innovative ways of working to support parent and infant mental health during the perinatal period. This module is run by Warwick Medical School and takes place over five days: January 25th and 26th; March 24th and 25th and June 24th 2010.

<http://www.chimat.org.uk/resource/item.aspx?RID=82403>

If you have received this bulletin via some one else and would like your own copy or have comments please contact [Paula Lavis](#)